

As part of the 2017 Savour Australia™ Restaurant & Catering Hostplus Awards for Excellence, R&CA will include a 'Premiers Commendation' for restaurants and cafés offering 'Healthy Choices for Kids' Award.

- I am a member of Restaurant & Catering Member Number: _____
- I am not a member of Restaurant & Catering

Establishment Name: _____

Contact Name: _____ **Mobile Number:** _____

Postal Address (if different): _____

Suburb: _____ **State:** _____ **Postcode:** _____

Phone Number: _____ **Twitter Handle:** _____

Email: _____

ELIGIBILITY

To be eligible to enter, venues must meet at least 50 per cent of the following criteria.

| HEALTHY CHOICES FOR KIDS CRITERIA | |
|--|--|
| Venues must meet at least 50 per cent | |
| 1. A VARIETY OF MENU OPTIONS SPANNING THE FIVE KEY FOOD GROUPS (breads and cereals, vegetables, fruit, dairy, lean meats, egg, tofu, nuts and seeds, and legumes/beans). | |
| 2. SALAD AND/OR VEGETABLES SERVED WITH MEALS AS A STANDARD. | |
| 3. VEGETARIAN OPTIONS AVAILABLE. | |
| 4. POLY/MONOUNSATURATED BASED OILS ARE USED FOR COOKING (eg. Canola, olive, sunflower oils). | |
| 5. REDUCED OR LOW FAT DAIRY INGREDIENTS ARE USED (eg. Milk, yoghurt, cheese). | |
| 6. WHOLEMEAL, MULTIGRAIN, OR HIGH FIBRE BREADS AND/OR ROLLS ARE AVAILABLE | |
| 7. SALT SHAKERS ARE REMOVED FROM TABLES | |
| 8. HEALTHIER COOKING METHODS OFFERED (eg. Grilling, steaming, baking) | |
| 9. FRUIT-BASED DESSERTS ARE AVAILABLE | |
| 10. FREE TAP WATER IS MADE AVAILABLE ON TABLES | |
| 11. MEAL DEALS OFFER HEALTHIER DRINK CHOICES (eg. Water, plain milk, or 100% fruit juice) | |

TO ENTER

To nominate for this award, applicants must:

1. Return a completed copy of this form;
2. Include a brief summary describing how your business meets the above criteria; and
3. Provide a copy of the venues kids menu along with photographs of the healthier meals.

The successful venue will receive fabulous marketing and advertising opportunities that are invaluable to your business. Award winners will be presented with a trophy at the 2017 SA Awards for Excellence annual gala dinner on **Monday 31 July 2017** at the Adelaide Convention Centre. The winner will receive access to a suite of 'Health Kids Menu' materials such as a guide for businesses, and branding material which can be used for your venues promotional campaign.

NOMINATIONS CLOSE AT 4.00PM FRIDAY 26 MAY 2017

For all enquiries please email events@restaurantcater.asn.au or call 1300 722 878.